

### School Calendar of Events

Date	Events	Remarks
01 Mar (Thurs)	P6 MTL Learning journey to Tea Chapter Birthday of St. Magdalene of Canossa	After curriculum hours
02 Mar (Fri)	P5 Faith & P5 Humility Learning Journey to Science Centre	During curriculum hours
05 Mar to 08 Mar (Mon to Thurs)	<u>P6 Mock Practice</u> 5 Mar: English 6 Mar: Mathematics 7 Mar: Mother Tongue 8 Mar: Science	During curriculum hours School hours as per normal
08 Mar (Thurs)	'I Am A Super Hero!' Day	During curriculum hours Only for P1 parents and students
09 Mar (Fri)	P2 – 6: Parent Teacher Meeting E-learning for P1-6	Details will be given later
12 Mar to 13 Mar	Student Leadership Programme	Only for Student and CCA leaders Consent forms will be issued at a later date
<b>12 Mar to 16 Mar</b>	<b>Term 1 School Break</b>	<b>School resumes on Monday, 19 Mar</b>  <b>No EMS Enrichment / Remedial Class on T2, week 1</b>
19 Mar (Mon)	P5 Camp booster	Only for P5 students
20 Mar (Tue)	Rite of Reconciliation	Only for P3 to P6 Catholic students
22 Mar (Thurs)	World Water Day  P4 Art Learning Journey to National Gallery  Parent's Workshops (English /Mother Tongue)	Consent forms will be issued at a later date  Letters will be given at a later date
23 Mar (Fri)	Lenten Retreat	Only for P4-6 Catholic students Letters will be given at a later date
26 Mar (Mon)	P3 Art Learning Journey Sculpture Walk to Singapore River	Consent forms will be issued at a later date
29 Mar (Thurs)	P3 Science Learning Journey to Lee Kong Chian Natural History Museum  Maundy Thursday	During curriculum hours Consent forms will be issued at a later date  No MT Enrichment
<b>30 Mar (Fri)</b>	<b>Good Friday</b>	<b>Public Holiday</b>
03 Apr (Tue)	Easter Paraliturgy	During curriculum hours
04 to 06 Apr (Wed to Fri)	Canossian Leadership Symposium	After curriculum hours Only for selected student leaders Letters will be given at a later date
05 Apr (Thurs)	International Friendship Day	



# Canossa Convent Primary School

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*Canossa Newsbites*

#### Our School Mission

To nurture and empower Canossians to be persons of integrity committed to serving God and others.

#### Our School Vision

A Community of Compassionate Leaders and Passionate Learners, in the service of God, Country and Family

#### Our School Values

Commitment, Compassion, Cheerfulness

## MARCH 2018

### On the Way to Easter!

As we are in the midst of Lent in preparation for the Church's greatest feast, Easter, let us be inspired by Pope Francis' thoughts on fasting.

- Fast from hurting words and say **kind words**
- Fast from sadness and **be filled with gratitude**
- Fast from anger and **be filled with patience**
- Fast from pessimism and **be filled with hope**
- Fast from worries and **trust in God**
- Fast from complaints and **contemplate simplicity**
- Fast from pressures and **be prayerful**
- Fast from bitterness and **fill your heart with joy**
- Fast from selfishness and **be compassionate to other**
- Fast from grudges and **be reconciled**
- Fast from words and **be silent so you can listen**

During this season of Lent we want our students to grow to be more other-centred and caring just like how our Mother Foundress, St Magdalene, who had a special love for the disadvantaged, was. The school would like the students to use recycled materials to make a small savings box of any shape or colour. Throughout the period, up to Easter, we hope the students will be able to make little sacrifices to save a few cents of their daily / weekly allowance for the disadvantaged. These gift boxes will be collected on Easter Monday (2 April) and all proceeds will be given to Canossa Mission Singapore to help the poor and needy. No amount is too small when given with love.

### World Water Day

The school will commemorate World Water Day on 22 March 2018. On that day, we have invited PUB to put up a skit during the morning assembly and the students will join Water Wally and Professor Save on a journey to stop Water Waster from wasting precious water resources. Through the show, students will learn about:

1. The impact of global climate change on Singapore's water sources
2. Water-saving habits that they can adopt at home such as keeping shower to under 5 minutes and brushing teeth with a mug instead of under running tap

As part of the show, students will also groove to the beat of the catchy Shower Dance and be tested on their knowledge of household water-saving habits through a quiz segment.

After the show, the students will receive a Water Wally shower timer and activity booklet to complete a one-week Water Challenge. For the challenge, students will be tasked to keep their shower time to under 5 minutes and share water-saving tips with their family and neighbour as an advocate for water.

### Health Tips

After feasting during Chinese New Year, it is now time to get rid of the extra calories you have gained during the festival! Do you know that you need to walk for 100 minutes to burn off the calories from 1 slice of Bak Kwa, run for 55 minutes to shed the calories from 5 fried mini shrimp rolls?

What better time than now to put on your sports shoes and head for some fun exercise with your family! For a start, you may want to consider signing up for free Sunday Workouts at a park near you. Schedule of the exercises at various parks is available at <https://www.healthhub.sg/programmes/33/sundays-at-the-park>.

Another great option is the Family Fitness Made Fun organized by Health Promotion Board and ActiveSG. There is a wide range of enriching activities which you may be interested to sign up for your family to bond over the weekends. Do check out the exciting activities and workout sessions offered for families at <https://www.healthhub.sg/programmes/109/active-family>.

Exercise will never be the same when it becomes a family bonding activity! Take the lead to guide your child towards a healthy body, a healthy mind.

### Parents Gateway Portal

The school has rolled out the Parents Gateway Portal recently. We want to thank parents who have already signed up for the portal. As for parents who have not signed up, we want to encourage you to do so as soon as possible so that you can receive up to date information on our school's events and activities online.

To sign up, you may do a keyword search 'Parents Gateway' in Apple App Store or Google Play Store to download the mobile app. You may then follow the instructions given to perform a One-time Account Registration.

### Dates for P3 – P6 Semestral Assessments 1 (SA1)

While every effort will be made to keep to this schedule, there may be changes due to unforeseen circumstances. Should that happen, the school will send you information soonest possible. More details on the SA1 will be given soon.

Date	Subject
02 – 03 April (Mon to Tues)	P6 EL and MT Oral Exam
16 April (Mon)	P5 EL Oral Exam
19 April (Thurs)	P5 MT E-Oral Exam
23 April (Mon)	P3 EL & P4 MT Oral Exam
26 April (Thurs)	P3 MT & P4 EL Oral Exam
30 April (Mon)	P3-6 EL Listening Comprehension & Paper 1
3 May (Thurs)	Higher Mother Tongue Paper 1 & 2
4 May (Fri)	P3-6 MT Listening Comprehension & Paper 1
7 May (Mon)	Science
8 May (Tue)	English
9 May (Wed)	Mother Tongue
10 May (Thurs)	Mathematics